

# NEWSLETTER JANUARY – 2019

## 1. TAAPSEE PANNU VISITED ORCHIDS BREAST HEALTH CLINIC: 29<sup>TH</sup> DEC 2018

Pune 7 Ace (Premier Badminton League Team) collaborated with Prashanti Cancer Care Mission to create awareness against Breast Cancer.

Their first game in Pune was on 29<sup>th</sup> Dec against Mumbai Rockets at the Balewadi Indoor Stadium, the players, owners and team associates wore pink jersey to raise awareness of breast cancer. They gave 50 tickets to the NGO to get affected people to watch the match at Balewadi stadium.

Taapsee Pannu, the team principle, visited Orchids Breast health on 29<sup>th</sup> Dec , she interacted with our patients and provided official merchandise to the patients.





## **2. ONE MORE STEP TOWARDS PATIENT WELFARE WITH BREAST CANCER**

Research Scientists from Persistent Systems and Prashanti Cancer Care Mission have joined hands for using Artificial Intelligence in Breast Cancer Research. They have focused efforts on discovery of novel biomarkers for early detection and prognostication of Triple Negative Breast Cancer (TNBC) which is the most aggressive form of Breast Cancer.

Visit link : <https://www.moneycontrol.com/news/technology/persistent-systems-uses-ai-to-develop-method-for-early-detection-of-breast-cancer-variant-3309101.html>

## **3. 4<sup>th</sup> INDIAN CANCER GENETICS CONFERENCE & WORKSHOP & 3<sup>rd</sup> INDO-UK CANCER GENETIC CONFERENCE: 8<sup>th</sup> DEC 2018**

- A. Dr. Koppiker presented an overview of current concepts in breast surgery with special emphasis on breast conservation surgery and oncoplasty. He conducted a panel discussion . He presented real life cases from Orchids Breast Clinic for expert panel discussion on various scenarios that a breast surgeon may face. The importance of multi gene panel testing including BRCA1 and 2 genes were highlighted. Cases representing prophylactic bilateral breast removal and breast reconstruction for unaffected individuals with strong family history were discussed. Surgical options for newly diagnosed breast cancer patients with BRCA positive status were discussed. In addition, the issues of preventive breast

removal in unaffected breast for women diagnosed with breast cancer were also discussed.



**B. Dr. Santosh Dixit (Research Head) of Prashanti Cancer Care Mission attended the pre-conference workshop on Genetic Counselling and also the 3 day conference of 4<sup>th</sup> INDIAN CANCER GENETICS CONFERENCE AND WORKSHOP AND 3<sup>RD</sup> INDO-UK CANCER GENETIC CONFERENCE.**

**C. Dr. Santosh Dixit presented a research poster titled “Male Breast Cancer with a Novel BRCA2 E2918E Silent Mutation: A Case Study” at the Indian Cancer Genetics Conference and Workshop at ACTREC-TMH, Navi Mumbai on December 8-10, 2018. This research poster discussed a unique case of genetic testing which identified a novel , disease-causing variant in the BRCA2 gene in a male breast cancer patient. The extended family of this patient has a strong family history of breast cancers and was profiled for the presence of this novel BRCA2 variant. 5 out of 33 family members were identified with the same variant of which 2 females had already developed breast cancer. The remaining 3 unaffected family members were identified as high-risk patients and were given appropriate medical advice for cancer risk reduction.**

#### **4. 1990 WOMEN SCREENED THROUGH CLINICAL BREAST EXAMINATION CAMPS.**

Last month we sensitized over 500 individuals for Breast Cancer and 260 women were screened in and around Pune with Clinical Breast Examination





## **5. THERE WERE SERIES OF AWARENESS TALKS HELD LAST MONTH, TO MENTION A SOME:**

1. MS.LALEH BUSERI GAVE A LECTURE ON SIGNS SYMPTOMS PREVENTION AND TREATMENT FOR BREAST CANCER AT CIGNA TTK, MUMBAI ON 11<sup>TH</sup> DEC 2018.



## **FREESHIPS FOR DIAGNOSTICS AND SURGERY**

1. **7 PATIENTS RECEIVED FREE BIOPSY PROCEDURE**
2. **17 PATIENTS UNDERWENT BREAST SURGERY WITH FULL FREESHIPS AND 35 MAJOR CONCESSIONS IN THE MONTH OF DECEMBER 2018 AT ORCHIDS**



3. **96 PATIENTS RECEIVED FREE MAMMOGRAPHY FOR THE MONTH OF DECEMBER 2018 AT ORCHIDS**



4. **167 PATIENTS RECEIVED FREE SONOGRAPHY AT ORCHIDS FOR THE MONTH OF DECEMBER 2018**



**43 PATIENTS RECEIVED FREE CHEMOTHERAPY AND 96 PATIENTS RECEIVED MAJOR CONCESSIONS IN OUR DAY CARE CENTRE AT ORCHIDS FOR THE MONTH OF DECEMBER 2018**



5. **43 PATIENTS RECEIVED FREE MEDICINES FOR THE MONTH OF DECEMBER 2018 FROM OUR ONCO-PHARMACY AT ORCHIDS**





- **FEW CHOSEN TESTIMONIALS OF PATIENTS WHO WERE ADOPTED FOR FREESHIP FOR THIS MONTH**

**1. Name: SAVITA NIMHAN**



**Diagnosis:** Breast Cancer

I am Mrs. Savita Nimhan and was recently diagnosed with Breast Cancer. The very first day of my visit to Orchids, I was scared nervous and most of all depressed , thousands of questions and doubts and questions were lingering in my mind, but when I entered Orchids I saw many happy smiling faces, it didn't seem like a cancer hospital. In the due time I spoke to with 2 females, they turned out to be Breast Cancer Survivors. They shared their experience which gave me strength and hope to fight back. When I met Dr. Koppiker, his warm smile and gesture towards everyone made me comfortable. We had discussions over 2-3 visits and came out with proper conclusion on how my treatment would be, I was involved in all the decision and was consented for the same.

Now I will be starting my treatment and I really thank everyone at Orchids. I had the privilege to meet highly qualified professional and friendly staff.

## 2. Name: RAFAL IQBAL



**Diagnosis:** Breast Cancer

I am Mrs. Rafal Iqbal diagnosed with Breast Cancer and currently undergoing chemotherapy. Like every other women I was in a shock state after knowing that I have breast cancer, it was very difficult for me to accept the fact. It was like a burden pushing me down but with constant support, love and care from my family, doctors and friends, I have made it till here. I would sincerely like to thank Dr. Koppiker and his entire team for the positivity which encouraged and helped me fight this deadly disease. I would also like to thank Laleh Maam and Dr. Koppiker for reducing my family's financial burdern, my whole treatment cost was taken care of.

I wish all the very best to Dr. Koppiker, Laleh maam and their whole team for the work they are doing.

We would like to **THANK** our  
Donors & Supporters

**Prashanti Cancer Care Mission**  
Reaching out with excellence



Warm Regards,  
Ms. Laleh Busheri  
CEO

Prashanti Cancer Care mission

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